Indigenous

Common names: Lugishu: Mubondwe, chichipeno Sebei: Kwelet, kwalet.

Ecology: A tree of wet or dry upland forests of East Africa extending to

Ethiopia, sometimes into the bamboo zone. In Uganda, it is found in lower montane forest associated with Hagenia and *Afrocrania volkensii*. It is common on Mt. Elgon and also in the mountains

of Karamoja.

Uses: Firewood, charcoal, medicine (resin), shade, ornamental (avenue

tree).

Description: A tree which may be an epiphyte on other trees at first and

often a liane. It becomes a tall tree 6-25 m, the trunk often twisty, very irregular, the crown eventually large, rounded and spreading. LEAVES: compound digitate with 4-7 leaflets each 5-15 cm long the long leaf stalk to 13 cm, each leaflet smooth bright green, shiny and waxy above, tip obtuse, often bent under, usually narrowed to stalks of about 1 cm. Green stalks with prominent lenticels as small brown streaks. FLOWERS: tiny, yellow-green on stalks to 25 cm, 1 cm branches bearing stalkless flowers 12-20 together in little star-like heads. FRUIT: rounded

to 5 mm across, lightly ribbed, light green then red when ripe,

topped by the remains of 5 styles.

Propagation: Cuttings, wildings, seedlings.

Seed: Ripe fruit should be collected from the ground and gradually

dried.

treatment: not necessary.

storage: store in sealed containers in a cool place.

Management: Requires support to grow straight.

Remarks: The tapped resin is used as a medicine for whooping cough.

Individual trees can be intercropped with coffee or banana or planted for shade and as avenue trees; also in pots for house

decoration.

